



*Essential Holistics Inc.*

## Come Welcome the Light with an Equinox Ceremony

Facilitated by

Mary Morningstar Collins

ANGEL THERAPY PRACTITIONER®

(Certified by Doreen Virtue, PhD)



Join us to celebrate renewal, joy, and well-being with the help of the angels. Invite in the “Light” and experience it in your life. There will be an emphasis on self-reflection and quiet communion with Source following the guided portion of the meditation. There will also be the setting of intentions involving the lighting on candles to symbolize the fruition of these prayers as well as a reminder of our eternal light within.

If weather permits, it might be nice to hold part of the ceremony outside, to thank the earth and the sun for the lengthening of the days.

Monday March 21 from 7pm to 8:30pm

Manorville Center

**Please contact Rita Wild at 631.878.8228 to register or for more information**